

What's New at the Maine Youth Suicide Prevention Program (MYSPP) March 2011

* The 7th annual Beyond the Basics of Suicide Prevention conference is scheduled for April 8, 2011 at the Wyndham Hotel in South Portland. Speakers include Thomas Joiner, author of Myths About Suicide and Jodee Blanco, author of Please Stop Laughing at Me. A wide range of topics will be presented including college suicide prevention models, a session specifically for survivors as well as a session for clinicians who work with survivors, suicide and the military and many other timely topics. Register early as this year's conference slots will fill quickly.

* MYSPP has created a resource sheet on suicide prevention and Gay, Lesbian, Bisexual, Transgender, and Questioning (GLBT) youth. You can download it from our web site at www.mainesuicideprevention.org

*** Free On-Line Course for Violence Prevention!**

Each year, more than 53,000 people lose their lives to violence. In addition to the tremendous physical and emotional toll, violence has substantial medical and lost productivity costs. In 2000, these totaled more than \$70 billion in the United States. The figure grows when we add criminal justice system costs, social services, and other expenses.

Principles of Prevention

One way CDC is helping the nation prevent violence is a free on-line course that's available 24 hours a day, seven days a week. It's called [Principles of Prevention](#). The course—which offers continuing education credits—teaches key concepts of primary prevention, the public health approach, and the social-ecological model. Participants complete interactive exercises to learn to help prevent five types of violence:

- Child abuse and neglect
- Intimate partner violence
- Sexual violence
- Suicide
- Youth violence

The course is designed for those interested in stopping violence from ever happening. It helps people move from the problem to the solution. This course teaches the fundamentals of effective violence prevention methods and incorporates the growing body of research on what works.

This course includes:

Interviews with leading experts in the field
Dynamic graphics
Interactive exercises
Compelling storytelling that makes the case for violence prevention

